

Title: How healthy do you think you are?

	Those answering	Age groups			Ethnicity		Age range						Involvement in Guiding	
		Primary	Secondary	Post 16	White	Other	7-8	9-10	11-13	14-16	16-18	19-21	Now / past	Never
Unweighted	<b>1156</b>	384	377	395	830	194	202	182	203	174	193	202	536	620
Weighted	<b>1160</b>	381	379	400	833	195	200	181	216	164	200	200	533	628
Very healthy	<b>25%</b>	<b>48%</b>	<b>18%</b>	<b>10%</b>	<b>23%</b>	<b>23%</b>	<b>58%</b>	<b>37%</b>	<b>19%</b>	<b>17%</b>	<b>8%</b>	<b>12%</b>	<b>26%</b>	<b>25%</b>
Quite healthy	<b>56%</b>	<b>43%</b>	<b>63%</b>	<b>61%</b>	<b>57%</b>	<b>55%</b>	<b>34%</b>	<b>54%</b>	<b>65%</b>	<b>60%</b>	<b>63%</b>	<b>59%</b>	<b>57%</b>	<b>55%</b>
Not very healthy	<b>15%</b>	<b>4%</b>	<b>16%</b>	<b>24%</b>	<b>17%</b>	<b>12%</b>	<b>3%</b>	<b>5%</b>	<b>14%</b>	<b>18%</b>	<b>24%</b>	<b>25%</b>	<b>14%</b>	<b>16%</b>
Not at all healthy	<b>2%</b>	<b>1%</b>	<b>2%</b>	<b>4%</b>	<b>2%</b>	<b>5%</b>	<b>0%</b>	<b>2%</b>	<b>1%</b>	<b>4%</b>	<b>4%</b>	<b>4%</b>	<b>2%</b>	<b>2%</b>
Don't know	<b>2%</b>	<b>4%</b>	<b>1%</b>	<b>0%</b>	<b>1%</b>	<b>5%</b>	<b>5%</b>	<b>3%</b>	<b>1%</b>	<b>2%</b>	<b>1%</b>	<b>0%</b>	<b>1%</b>	<b>2%</b>

Title: How healthy do you think you are?

	Those answering	Nations				Region				Type of area lived in		School Performance		SEG		16-21s		
		England	Wales	Scotland	Northern Ireland	North England	Midlands	London	South England	Urban / Suburban	Rural	Outstanding / Good	Satisfactory / Poor	ABC1	C2DE	Education	Working	NEETs
Unweighted	<b>1156</b>	925	81	99	51	311	257	120	237	853	303	484	234	199	196	278	43	68
Weighted	<b>1160</b>	953	67	83	56	296	289	121	248	864	296	468	245	201	199	282	43	69
Very healthy	<b>25%</b>	25%	18%	25%	36%	27%	24%	15%	29%	24%	29%	29%	41%	11%	10%	10%	9%	13%
Quite healthy	<b>56%</b>	55%	59%	57%	55%	53%	53%	64%	57%	57%	53%	57%	46%	65%	57%	62%	63%	56%
Not very healthy	<b>15%</b>	15%	17%	13%	10%	16%	18%	16%	11%	15%	13%	10%	9%	21%	28%	26%	21%	22%
Not at all healthy	<b>2%</b>	2%	4%	4%	0%	2%	2%	4%	2%	3%	2%	2%	1%	3%	5%	2%	7%	9%
Don't know	<b>2%</b>	2%	2%	1%	0%	2%	2%	1%	2%	1%	3%	2%	3%	1%	0%	0%	0%	0%

**Title: Which of these do you do?**

	Those answering	Age groups			Ethnicity		Age range					Involvement in Guiding		
		Primary	Secondary	Post 16	White	Other	7-8	9-10	11-13	14-16	16-18	19-21	Now / past	Never
Unweighted	<b>752</b>	0	357	395	593	121	0	0	183	174	193	202	361	391
Weighted	<b>759</b>	0	359	400	597	123	0	0	195	164	200	200	359	400
<i>Drink milk / eat cheese or yoghurt</i>	<b>60%</b>	-	<b>57%</b>	<b>63%</b>	<b>63%</b>	<b>55%</b>	-	-	<b>57%</b>	<b>57%</b>	<b>59%</b>	<b>68%</b>	<b>65%</b>	<b>57%</b>
<i>Take time to relax at the end of each day</i>	<b>60%</b>	-	<b>62%</b>	<b>58%</b>	<b>60%</b>	<b>58%</b>	-	-	<b>63%</b>	<b>62%</b>	<b>60%</b>	<b>56%</b>	<b>63%</b>	<b>58%</b>
<i>Get at least 8 hours sleep a night</i>	<b>57%</b>	-	<b>62%</b>	<b>53%</b>	<b>59%</b>	<b>52%</b>	-	-	<b>67%</b>	<b>56%</b>	<b>50%</b>	<b>56%</b>	<b>59%</b>	<b>56%</b>
<i>Drink plenty of water</i>	<b>54%</b>	-	<b>55%</b>	<b>54%</b>	<b>54%</b>	<b>50%</b>	-	-	<b>60%</b>	<b>49%</b>	<b>50%</b>	<b>57%</b>	<b>56%</b>	<b>53%</b>
<i>Eat plenty of fruit and vegetables</i>	<b>50%</b>	-	<b>52%</b>	<b>49%</b>	<b>51%</b>	<b>46%</b>	-	-	<b>56%</b>	<b>47%</b>	<b>48%</b>	<b>51%</b>	<b>53%</b>	<b>48%</b>
<i>Keep your problems and worries to yourself</i>	<b>47%</b>	-	<b>42%</b>	<b>51%</b>	<b>46%</b>	<b>50%</b>	-	-	<b>36%</b>	<b>49%</b>	<b>51%</b>	<b>50%</b>	<b>45%</b>	<b>48%</b>
<i>Skip meals / breakfast</i>	<b>42%</b>	-	<b>43%</b>	<b>41%</b>	<b>44%</b>	<b>38%</b>	-	-	<b>35%</b>	<b>54%</b>	<b>42%</b>	<b>39%</b>	<b>41%</b>	<b>42%</b>
<i>Exercise every day</i>	<b>33%</b>	-	<b>41%</b>	<b>26%</b>	<b>33%</b>	<b>27%</b>	-	-	<b>49%</b>	<b>31%</b>	<b>22%</b>	<b>31%</b>	<b>38%</b>	<b>28%</b>
<i>Take vitamins / supplements</i>	<b>23%</b>	-	<b>21%</b>	<b>24%</b>	<b>23%</b>	<b>23%</b>	-	-	<b>27%</b>	<b>15%</b>	<b>21%</b>	<b>28%</b>	<b>24%</b>	<b>22%</b>
<i>Count the calories in what you eat</i>	<b>21%</b>	-	<b>18%</b>	<b>23%</b>	<b>22%</b>	<b>13%</b>	-	-	<b>16%</b>	<b>20%</b>	<b>22%</b>	<b>25%</b>	<b>24%</b>	<b>18%</b>
<i>Smoke cigarettes to try to keep thin</i>	<b>7%</b>	-	<b>7%</b>	<b>7%</b>	<b>8%</b>	<b>2%</b>	-	-	<b>7%</b>	<b>8%</b>	<b>7%</b>	<b>7%</b>	<b>7%</b>	<b>8%</b>
<i>None of these</i>	<b>1%</b>	-	<b>2%</b>	<b>1%</b>	<b>2%</b>	<b>3%</b>	-	-	<b>3%</b>	<b>1%</b>	<b>1%</b>	<b>2%</b>	<b>1%</b>	<b>2%</b>
<i>Don't know</i>	<b>0%</b>	-	<b>1%</b>	<b>0%</b>	<b>0%</b>	<b>1%</b>	-	-	<b>1%</b>	<b>1%</b>	<b>1%</b>	<b>0%</b>	<b>1%</b>	<b>0%</b>

Title: Which of these do you do?

	Those answering	Nations				Region					Type of area lived in		School Performance		SEG		16-21s		
		England	Wales	Scotland	Northern Ireland	North England	Midlands	London	South England	Urban / Suburban	Rural	Outstanding / Good	Satisfactory / Poor	ABC1	C2DE	Education	Working	NEETs	
Unweighted	<b>752</b>	597	51	76	28	208	166	66	157	574	178	280	56	199	196	278	43	68	
Weighted	<b>759</b>	628	41	57	31	193	194	70	172	584	175	268	67	201	199	282	43	69	
<i>Drink milk / eat cheese or yoghurts</i>	<b>60%</b>	60%	55%	69%	64%	63%	55%	55%	64%	61%	58%	55%	63%	69%	58%	67%	63%	46%	
<i>Take time to relax at the end of each day</i>	<b>60%</b>	59%	56%	59%	78%	61%	53%	63%	63%	60%	59%	59%	72%	63%	53%	61%	63%	40%	
<i>Get at least 8 hours sleep a night</i>	<b>57%</b>	57%	61%	53%	65%	58%	54%	56%	61%	56%	60%	60%	68%	51%	55%	53%	56%	52%	
<i>Drink plenty of water</i>	<b>54%</b>	52%	59%	66%	76%	56%	46%	50%	55%	54%	54%	55%	45%	59%	49%	57%	56%	41%	
<i>Eat plenty of fruit and vegetables</i>	<b>50%</b>	50%	50%	47%	61%	51%	46%	48%	55%	50%	52%	53%	42%	51%	47%	52%	51%	38%	
<i>Keep your problems and worries to yourself</i>	<b>47%</b>	47%	35%	54%	35%	50%	43%	56%	45%	45%	49%	41%	48%	53%	49%	51%	54%	48%	
<i>Skip meals / breakfast</i>	<b>42%</b>	41%	41%	51%	39%	42%	37%	46%	44%	43%	37%	40%	57%	38%	43%	41%	42%	37%	
<i>Exercise every day</i>	<b>33%</b>	33%	22%	35%	47%	32%	34%	28%	35%	34%	31%	42%	32%	26%	26%	27%	26%	22%	
<i>Take vitamins / supplements</i>	<b>23%</b>	23%	18%	29%	28%	26%	17%	30%	21%	23%	23%	22%	16%	28%	21%	27%	25%	13%	
<i>Count the calories in what you eat</i>	<b>21%</b>	21%	7%	20%	28%	25%	20%	21%	18%	20%	23%	19%	14%	28%	18%	25%	19%	21%	
<i>Smoke cigarettes to try to keep thin</i>	<b>7%</b>	7%	2%	10%	14%	6%	7%	9%	8%	8%	6%	8%	4%	5%	9%	5%	9%	13%	
<i>None of these</i>	<b>1%</b>	2%	0%	0%	0%	2%	4%	0%	1%	2%	0%	2%	2%	2%	1%	0%	0%	7%	
<i>Don't know</i>	<b>0%</b>	0%	4%	1%	0%	1%	0%	0%	1%	0%	2%	2%	0%	0%	1%	0%	0%	0%	

Title: Where and how do you prefer to exercise?

	Those answering	Age groups			Ethnicity		Age range						Involvement in Guiding	
		Primary	Secondary	Post 16	White	Other	7-8	9-10	11-13	14-16	16-18	19-21	Now / past	Never
Unweighted	<b>1136</b>	381	360	395	830	193	195	186	187	173	193	202	533	603
Weighted	<b>1141</b>	378	363	400	834	194	193	185	200	163	200	200	530	610
<i>Walking or cycling</i>	<b>56%</b>	<b>49%</b>	<b>59%</b>	<b>59%</b>	<b>56%</b>	<b>56%</b>	<b>44%</b>	<b>54%</b>	<b>61%</b>	<b>57%</b>	<b>58%</b>	<b>60%</b>	<b>56%</b>	<b>55%</b>
<i>At home on the Wii (eg Wii Fit)</i>	<b>43%</b>	<b>43%</b>	<b>47%</b>	<b>38%</b>	<b>44%</b>	<b>33%</b>	<b>35%</b>	<b>51%</b>	<b>55%</b>	<b>38%</b>	<b>41%</b>	<b>35%</b>	<b>45%</b>	<b>40%</b>
<i>At school in PE</i>	<b>39%</b>	<b>64%</b>	<b>51%</b>	<b>3%</b>	<b>35%</b>	<b>42%</b>	<b>61%</b>	<b>67%</b>	<b>67%</b>	<b>32%</b>	<b>6%</b>	<b>0%</b>	<b>39%</b>	<b>38%</b>
<i>Dance / gymnastics classes</i>	<b>32%</b>	<b>42%</b>	<b>36%</b>	<b>19%</b>	<b>31%</b>	<b>30%</b>	<b>38%</b>	<b>47%</b>	<b>42%</b>	<b>29%</b>	<b>19%</b>	<b>19%</b>	<b>35%</b>	<b>30%</b>
<i>At the gym</i>	<b>27%</b>	<b>19%</b>	<b>32%</b>	<b>30%</b>	<b>27%</b>	<b>25%</b>	<b>17%</b>	<b>21%</b>	<b>26%</b>	<b>40%</b>	<b>31%</b>	<b>30%</b>	<b>30%</b>	<b>25%</b>
<i>After school sports clubs / teams</i>	<b>20%</b>	<b>27%</b>	<b>31%</b>	<b>4%</b>	<b>19%</b>	<b>20%</b>	<b>20%</b>	<b>35%</b>	<b>39%</b>	<b>20%</b>	<b>7%</b>	<b>0%</b>	<b>19%</b>	<b>21%</b>
<i>At home with a fitness DVD</i>	<b>20%</b>	<b>12%</b>	<b>21%</b>	<b>25%</b>	<b>20%</b>	<b>16%</b>	<b>10%</b>	<b>15%</b>	<b>13%</b>	<b>32%</b>	<b>22%</b>	<b>29%</b>	<b>22%</b>	<b>18%</b>
<i>In free time with mum / dad</i>	<b>16%</b>	<b>26%</b>	<b>21%</b>	<b>4%</b>	<b>16%</b>	<b>16%</b>	<b>19%</b>	<b>32%</b>	<b>27%</b>	<b>14%</b>	<b>7%</b>	<b>1%</b>	<b>18%</b>	<b>15%</b>
<i>Local sports club / team</i>	<b>15%</b>	<b>16%</b>	<b>20%</b>	<b>10%</b>	<b>15%</b>	<b>14%</b>	<b>11%</b>	<b>20%</b>	<b>24%</b>	<b>16%</b>	<b>7%</b>	<b>14%</b>	<b>18%</b>	<b>13%</b>
<i>OTHER AT HOME</i>	<b>3%</b>	<b>2%</b>	<b>4%</b>	<b>3%</b>	<b>2%</b>	<b>4%</b>	<b>1%</b>	<b>3%</b>	<b>2%</b>	<b>5%</b>	<b>3%</b>	<b>2%</b>	<b>3%</b>	<b>3%</b>
<i>SWIMMING</i>	<b>3%</b>	<b>4%</b>	<b>1%</b>	<b>2%</b>	<b>3%</b>	<b>2%</b>	<b>4%</b>	<b>5%</b>	<b>0%</b>	<b>1%</b>	<b>2%</b>	<b>2%</b>	<b>3%</b>	<b>3%</b>
<i>RUNNING / JOGGING</i>	<b>2%</b>	<b>2%</b>	<b>2%</b>	<b>2%</b>	<b>3%</b>	<b>1%</b>	<b>2%</b>	<b>2%</b>	<b>1%</b>	<b>3%</b>	<b>2%</b>	<b>2%</b>	<b>2%</b>	<b>2%</b>
<i>HORSE RIDING</i>	<b>2%</b>	<b>1%</b>	<b>2%</b>	<b>1%</b>	<b>2%</b>	<b>1%</b>	<b>1%</b>	<b>2%</b>	<b>3%</b>	<b>2%</b>	<b>1%</b>	<b>1%</b>	<b>1%</b>	<b>2%</b>
<i>Something else</i>	<b>5%</b>	<b>6%</b>	<b>5%</b>	<b>5%</b>	<b>6%</b>	<b>3%</b>	<b>3%</b>	<b>10%</b>	<b>5%</b>	<b>4%</b>	<b>5%</b>	<b>4%</b>	<b>5%</b>	<b>5%</b>
<i>None of these / Don't exercise</i>	<b>3%</b>	<b>0%</b>	<b>2%</b>	<b>8%</b>	<b>5%</b>	<b>2%</b>	<b>1%</b>	<b>0%</b>	<b>2%</b>	<b>2%</b>	<b>7%</b>	<b>9%</b>	<b>3%</b>	<b>4%</b>
<i>Don't know</i>	<b>2%</b>	<b>3%</b>	<b>2%</b>	<b>1%</b>	<b>1%</b>	<b>5%</b>	<b>5%</b>	<b>1%</b>	<b>2%</b>	<b>1%</b>	<b>1%</b>	<b>0%</b>	<b>2%</b>	<b>2%</b>

Title: Where and how do you prefer to exercise?

	Those answering	Nations				Region					Type of area lived in		School Performance		SEG		16-21s		
		England	Wales	Scotland	Northern Ireland	North England	Midlands	London	South England	Urban / Suburban	Rural	Outstanding / Good	Satisfactory / Poor	ABC1	C2DE	Education	Working	NEETs	
Unweighted	<b>1136</b>	910	77	97	52	307	247	121	235	837	299	465	232	199	196	278	43	68	
Weighted	<b>1141</b>	936	64	82	57	293	277	122	245	847	294	449	243	201	199	282	43	69	
<i>Walking or cycling</i>	<b>56%</b>	55%	58%	48%	68%	54%	55%	59%	56%	56%	55%	55%	49%	62%	56%	63%	56%	47%	
<i>At home on the Wii (eg Wii Fit)</i>	<b>43%</b>	43%	39%	33%	45%	46%	36%	41%	50%	41%	45%	46%	43%	35%	41%	37%	49%	35%	
<i>At school in PE</i>	<b>39%</b>	37%	37%	41%	64%	39%	30%	42%	39%	40%	37%	55%	60%	3%	4%	4%	0%	0%	
<i>Dance / gymnastics classes</i>	<b>32%</b>	31%	43%	32%	33%	35%	27%	40%	27%	31%	37%	38%	41%	20%	18%	20%	16%	13%	
<i>At the gym</i>	<b>27%</b>	28%	24%	24%	19%	27%	31%	34%	24%	27%	29%	25%	28%	32%	29%	32%	21%	27%	
<i>After school sports clubs / teams</i>	<b>20%</b>	19%	21%	15%	37%	23%	15%	22%	20%	20%	21%	29%	27%	3%	4%	5%	0%	0%	
<i>At home with a fitness DVD</i>	<b>20%</b>	20%	16%	29%	10%	21%	22%	18%	16%	18%	23%	19%	14%	26%	25%	24%	28%	28%	
<i>In free time with mum / dad</i>	<b>16%</b>	16%	13%	8%	35%	17%	16%	19%	16%	18%	14%	20%	27%	5%	4%	4%	7%	3%	
<i>Local sports club / team</i>	<b>15%</b>	14%	17%	13%	27%	17%	12%	20%	13%	15%	14%	18%	15%	10%	10%	13%	7%	3%	
<i>OTHER AT HOME</i>	<b>3%</b>	3%	1%	0%	2%	3%	3%	3%	2%	3%	3%	3%	4%	3%	2%	3%	2%	3%	
<i>SWIMMING</i>	<b>3%</b>	3%	4%	0%	3%	4%	1%	3%	2%	2%	2%	3%	2%	3%	2%	2%	2%	3%	
<i>RUNNING / JOGGING</i>	<b>2%</b>	2%	3%	0%	2%	2%	2%	3%	2%	2%	1%	2%	1%	2%	2%	3%	0%	0%	
<i>HORSE RIDING</i>	<b>2%</b>	2%	1%	0%	0%	2%	2%	0%	2%	2%	1%	3%	0%	1%	1%	1%	0%	3%	
<i>Something else</i>	<b>5%</b>	5%	6%	3%	8%	8%	5%	2%	2%	5%	6%	4%	7%	6%	4%	6%	5%	0%	
<i>None of these / Don't exercise</i>	<b>3%</b>	4%	5%	3%	2%	3%	4%	6%	3%	4%	3%	1%	2%	10%	7%	7%	12%	12%	
<i>Don't know</i>	<b>2%</b>	2%	1%	1%	0%	2%	4%	1%	1%	2%	2%	2%	4%	0%	1%	1%	0%	0%	

**Title: Do you feel there is enough support and advice available for young people your age?**

	Those answering	Age groups			Ethnicity		Age range						Involvement in Guiding	
		Primary	Secondary	Post 16	White	Other	7-8	9-10	11-13	14-16	16-18	19-21	Now / past	Never
Unweighted	<b>759</b>	0	364	395	593	123	0	0	192	172	193	202	364	395
Weighted	<b>765</b>	0	365	400	597	125	0	0	204	161	200	200	362	404
Yes	<b>41%</b>	-	<b>47%</b>	<b>35%</b>	<b>41%</b>	<b>38%</b>	-	-	<b>45%</b>	<b>50%</b>	<b>29%</b>	<b>40%</b>	<b>44%</b>	<b>38%</b>
No	<b>48%</b>	-	<b>40%</b>	<b>55%</b>	<b>49%</b>	<b>45%</b>	-	-	<b>40%</b>	<b>40%</b>	<b>61%</b>	<b>49%</b>	<b>44%</b>	<b>51%</b>
Don't know	<b>12%</b>	-	<b>13%</b>	<b>11%</b>	<b>11%</b>	<b>18%</b>	-	-	<b>15%</b>	<b>10%</b>	<b>10%</b>	<b>11%</b>	<b>12%</b>	<b>11%</b>

Title: Do you feel there is enough support and advice available for young people your age?

	Those answering	Nations				Region					Type of area lived in		School Performance		SEG		16-21s		
		England	Wales	Scotland	Northern Ireland	North England	Midlands	London	South England	Urban / Suburban	Rural	Outstanding / Good	Satisfactory / Poor	ABC1	C2DE	Education	Working	NEETs	
Unweighted	<b>759</b>	601	53	76	29	210	167	66	158	578	181	287	55	199	196	278	43	68	
Weighted	<b>765</b>	633	42	57	32	195	196	70	173	589	176	275	65	201	199	282	43	69	
Yes	<b>41%</b>	40%	41%	35%	52%	40%	40%	24%	48%	38%	47%	44%	58%	37%	32%	36%	28%	32%	
No	<b>48%</b>	47%	50%	52%	41%	47%	50%	64%	39%	49%	42%	42%	31%	48%	61%	51%	65%	63%	
Don't know	<b>12%</b>	12%	8%	14%	7%	13%	11%	13%	13%	12%	11%	14%	11%	15%	7%	13%	7%	4%	

**Title: I need a couple of drinks to give me courage before I go on a night out**

	Those answering	Age groups			Ethnicity		Age range						Involvement in Guiding	
		Primary	Secondary	Post 16	White	Other	7-8	9-10	11-13	14-16	16-18	19-21	Now / past	Never
Unweighted	<b>395</b>	0	0	395	329	61	0	0	0	0	193	202	194	201
Weighted	<b>400</b>	0	0	400	333	62	0	0	0	0	200	200	196	204
<i>Strongly agree</i>	<b>12%</b>	-	-	<b>12%</b>	<b>12%</b>	<b>8%</b>	-	-	-	-	<b>15%</b>	<b>8%</b>	<b>16%</b>	<b>8%</b>
<i>Agree</i>	<b>22%</b>	-	-	<b>22%</b>	<b>23%</b>	<b>15%</b>	-	-	-	-	<b>21%</b>	<b>22%</b>	<b>22%</b>	<b>21%</b>
<i>Neither</i>	<b>15%</b>	-	-	<b>15%</b>	<b>15%</b>	<b>18%</b>	-	-	-	-	<b>13%</b>	<b>17%</b>	<b>14%</b>	<b>16%</b>
<i>Disagree</i>	<b>30%</b>	-	-	<b>30%</b>	<b>30%</b>	<b>29%</b>	-	-	-	-	<b>26%</b>	<b>33%</b>	<b>28%</b>	<b>31%</b>
<i>Strongly disagree</i>	<b>20%</b>	-	-	<b>20%</b>	<b>18%</b>	<b>25%</b>	-	-	-	-	<b>21%</b>	<b>19%</b>	<b>18%</b>	<b>21%</b>
<i>Don't know</i>	<b>2%</b>	-	-	<b>2%</b>	<b>2%</b>	<b>5%</b>	-	-	-	-	<b>4%</b>	<b>0%</b>	<b>3%</b>	<b>2%</b>

Title: I need a couple of drinks to give me courage before I go on a night out

	Those answering	Nations				Region					Type of area lived in		School Performance		SEG		16-21s		
		England	Wales	Scotland	Northern Ireland	North England	Midlands	London	South England	Urban / Suburban	Rural	Outstanding / Good	Satisfactory / Poor	ABC1	C2DE	Education	Working	NEETs	
Unweighted	<b>395</b>	332	23	33	7	109	102	46	75	316	79	0	0	199	196	278	43	68	
Weighted	<b>400</b>	336	23	33	7	110	104	47	76	320	80	0	0	201	199	282	43	69	
Strongly agree	<b>12%</b>	12%	13%	6%	0%	12%	14%	9%	13%	11%	14%	-	-	11%	12%	12%	12%	10%	
Agree	<b>22%</b>	22%	22%	21%	14%	21%	24%	28%	16%	20%	27%	-	-	21%	22%	20%	30%	21%	
Neither	<b>15%</b>	15%	9%	21%	28%	17%	13%	13%	15%	16%	11%	-	-	15%	15%	14%	23%	15%	
Disagree	<b>30%</b>	31%	30%	12%	43%	30%	33%	17%	37%	31%	25%	-	-	35%	24%	30%	14%	37%	
Strongly disagree	<b>20%</b>	18%	22%	40%	14%	17%	15%	31%	15%	20%	18%	-	-	17%	22%	21%	21%	15%	
Don't know	<b>2%</b>	2%	4%	0%	0%	2%	2%	2%	4%	2%	5%	-	-	2%	3%	3%	0%	3%	

**Title: A really good night out is one where you can't remember anything the next day**

	Those answering	Age groups			Ethnicity		Age range					Involvement in Guiding		
		Primary	Secondary	Post 16	White	Other	7-8	9-10	11-13	14-16	16-18	19-21	Now / past	Never
Unweighted	<b>395</b>	0	0	395	329	61	0	0	0	0	193	202	194	201
Weighted	<b>400</b>	0	0	400	333	62	0	0	0	0	200	200	196	204
<i>Strongly agree</i>	<b>4%</b>	-	-	<b>4%</b>	<b>3%</b>	<b>5%</b>	-	-	-	-	<b>5%</b>	<b>2%</b>	<b>4%</b>	<b>3%</b>
<i>Agree</i>	<b>8%</b>	-	-	<b>8%</b>	<b>8%</b>	<b>2%</b>	-	-	-	-	<b>7%</b>	<b>8%</b>	<b>10%</b>	<b>5%</b>
<i>Neither</i>	<b>10%</b>	-	-	<b>10%</b>	<b>10%</b>	<b>7%</b>	-	-	-	-	<b>10%</b>	<b>9%</b>	<b>9%</b>	<b>10%</b>
<i>Disagree</i>	<b>39%</b>	-	-	<b>39%</b>	<b>39%</b>	<b>39%</b>	-	-	-	-	<b>34%</b>	<b>44%</b>	<b>37%</b>	<b>40%</b>
<i>Strongly disagree</i>	<b>39%</b>	-	-	<b>39%</b>	<b>37%</b>	<b>48%</b>	-	-	-	-	<b>41%</b>	<b>37%</b>	<b>37%</b>	<b>41%</b>
<i>Don't know</i>	<b>2%</b>	-	-	<b>2%</b>	<b>2%</b>	<b>0%</b>	-	-	-	-	<b>2%</b>	<b>1%</b>	<b>3%</b>	<b>1%</b>

Title: A really good night out is one where you can't remember anything the next day

	Those answering	Nations				Region					Type of area lived in		School Performance		SEG		16-21s		
		England	Wales	Scotland	Northern Ireland	North England	Midlands	London	South England	Urban / Suburban	Rural	Outstanding / Good	Satisfactory / Poor	ABC1	C2DE	Education	Working	NEETs	
Unweighted	<b>395</b>	332	23	33	7	109	102	46	75	316	79	0	0	199	196	278	43	68	
Weighted	<b>400</b>	336	23	33	7	110	104	47	76	320	80	0	0	201	199	282	43	69	
Strongly agree	<b>4%</b>	4%	0%	3%	0%	3%	5%	2%	5%	4%	3%	-	-	2%	6%	2%	7%	7%	
Agree	<b>8%</b>	8%	9%	0%	14%	8%	9%	6%	8%	8%	8%	-	-	9%	6%	7%	14%	7%	
Neither	<b>10%</b>	11%	9%	3%	0%	10%	13%	9%	9%	9%	13%	-	-	8%	12%	9%	7%	12%	
Disagree	<b>39%</b>	38%	43%	39%	57%	39%	35%	35%	43%	40%	34%	-	-	42%	36%	36%	46%	44%	
Strongly disagree	<b>39%</b>	38%	35%	52%	29%	39%	36%	48%	33%	39%	39%	-	-	38%	40%	44%	26%	28%	
Don't know	<b>2%</b>	1%	4%	3%	0%	1%	2%	0%	1%	1%	4%	-	-	2%	1%	2%	0%	2%	

**Title: Getting drunk with your friends is fun**

	Those answering	Age groups			Ethnicity		Age range						Involvement in Guiding	
		Primary	Secondary	Post 16	White	Other	7-8	9-10	11-13	14-16	16-18	19-21	Now / past	Never
Unweighted	<b>395</b>	0	0	395	329	61	0	0	0	0	193	202	194	201
Weighted	<b>400</b>	0	0	400	333	62	0	0	0	0	200	200	196	204
<i>Strongly agree</i>	<b>15%</b>	-	-	<b>15%</b>	<b>17%</b>	<b>7%</b>	-	-	-	-	<b>16%</b>	<b>14%</b>	<b>20%</b>	<b>10%</b>
<i>Agree</i>	<b>47%</b>	-	-	<b>47%</b>	<b>51%</b>	<b>28%</b>	-	-	-	-	<b>38%</b>	<b>56%</b>	<b>50%</b>	<b>44%</b>
<i>Neither</i>	<b>13%</b>	-	-	<b>13%</b>	<b>12%</b>	<b>18%</b>	-	-	-	-	<b>12%</b>	<b>13%</b>	<b>9%</b>	<b>16%</b>
<i>Disagree</i>	<b>11%</b>	-	-	<b>11%</b>	<b>10%</b>	<b>18%</b>	-	-	-	-	<b>12%</b>	<b>10%</b>	<b>9%</b>	<b>13%</b>
<i>Strongly disagree</i>	<b>12%</b>	-	-	<b>12%</b>	<b>10%</b>	<b>25%</b>	-	-	-	-	<b>17%</b>	<b>7%</b>	<b>8%</b>	<b>16%</b>
<i>Don't know</i>	<b>2%</b>	-	-	<b>2%</b>	<b>2%</b>	<b>5%</b>	-	-	-	-	<b>4%</b>	<b>0%</b>	<b>3%</b>	<b>1%</b>

Title: Getting drunk with your friends is fun

	Those answering	Nations				Region				Type of area lived in		School Performance		SEG		16-21s		
		England	Wales	Scotland	Northern Ireland	North England	Midlands	London	South England	Urban / Suburban	Rural	Outstanding / Good	Satisfactory / Poor	ABC1	C2DE	Education	Working	NEETs
Unweighted	<b>395</b>	332	23	33	7	109	102	46	75	316	79	0	0	199	196	278	43	68
Weighted	<b>400</b>	336	23	33	7	110	104	47	76	320	80	0	0	201	199	282	43	69
<i>Strongly agree</i>	<b>15%</b>	15%	26%	12%	14%	17%	17%	9%	12%	15%	15%	-	-	20%	10%	13%	23%	16%
<i>Agree</i>	<b>47%</b>	47%	35%	55%	58%	49%	51%	28%	50%	48%	44%	-	-	47%	48%	48%	44%	44%
<i>Neither</i>	<b>13%</b>	13%	9%	15%	14%	13%	5%	17%	20%	14%	8%	-	-	12%	14%	12%	21%	10%
<i>Disagree</i>	<b>11%</b>	11%	13%	9%	0%	10%	15%	15%	5%	11%	10%	-	-	11%	11%	9%	7%	21%
<i>Strongly disagree</i>	<b>12%</b>	12%	13%	9%	14%	11%	10%	26%	10%	11%	17%	-	-	9%	15%	15%	5%	9%
<i>Don't know</i>	<b>2%</b>	2%	4%	0%	0%	0%	3%	4%	3%	1%	6%	-	-	2%	2%	3%	0%	0%

**Title: I worry about doing things I'll regret later after I've had too much to drink**

	Those answering	Age groups			Ethnicity		Age range						Involvement in Guiding	
		Primary	Secondary	Post 16	White	Other	7-8	9-10	11-13	14-16	16-18	19-21	Now / past	Never
Unweighted	<b>395</b>	0	0	395	329	61	0	0	0	0	193	202	194	201
Weighted	<b>400</b>	0	0	400	333	62	0	0	0	0	200	200	196	204
<i>Strongly agree</i>	<b>13%</b>	-	-	<b>13%</b>	<b>13%</b>	<b>10%</b>	-	-	-	-	<b>15%</b>	<b>11%</b>	<b>10%</b>	<b>15%</b>
<i>Agree</i>	<b>33%</b>	-	-	<b>33%</b>	<b>36%</b>	<b>20%</b>	-	-	-	-	<b>31%</b>	<b>36%</b>	<b>35%</b>	<b>31%</b>
<i>Neither</i>	<b>16%</b>	-	-	<b>16%</b>	<b>15%</b>	<b>23%</b>	-	-	-	-	<b>17%</b>	<b>16%</b>	<b>16%</b>	<b>16%</b>
<i>Disagree</i>	<b>23%</b>	-	-	<b>23%</b>	<b>24%</b>	<b>23%</b>	-	-	-	-	<b>18%</b>	<b>29%</b>	<b>26%</b>	<b>21%</b>
<i>Strongly disagree</i>	<b>10%</b>	-	-	<b>10%</b>	<b>9%</b>	<b>16%</b>	-	-	-	-	<b>12%</b>	<b>8%</b>	<b>8%</b>	<b>12%</b>
<i>Don't know</i>	<b>4%</b>	-	-	<b>4%</b>	<b>3%</b>	<b>8%</b>	-	-	-	-	<b>8%</b>	<b>0%</b>	<b>4%</b>	<b>4%</b>

Title: I worry about doing things I'll regret later after I've had too much to drink

	Those answering	Nations				Region				Type of area lived in		School Performance		SEG		16-21s		
		England	Wales	Scotland	Northern Ireland	North England	Midlands	London	South England	Urban / Suburban	Rural	Outstanding / Good	Satisfactory / Poor	ABC1	C2DE	Education	Working	NEETs
Unweighted	<b>395</b>	332	23	33	7	109	102	46	75	316	79	0	0	199	196	278	43	68
Weighted	<b>400</b>	336	23	33	7	110	104	47	76	320	80	0	0	201	199	282	43	69
Strongly agree	<b>13%</b>	11%	13%	27%	0%	15%	12%	11%	7%	12%	14%	-	-	10%	15%	12%	7%	21%
Agree	<b>33%</b>	35%	22%	27%	42%	42%	30%	26%	35%	34%	29%	-	-	33%	34%	34%	42%	25%
Neither	<b>16%</b>	17%	13%	9%	29%	17%	12%	26%	17%	15%	19%	-	-	17%	15%	15%	28%	16%
Disagree	<b>23%</b>	24%	30%	15%	14%	17%	34%	11%	29%	25%	18%	-	-	27%	20%	24%	12%	26%
Strongly disagree	<b>10%</b>	9%	17%	18%	14%	7%	8%	20%	5%	10%	11%	-	-	9%	12%	10%	12%	9%
Don't know	<b>4%</b>	4%	4%	3%	0%	2%	4%	7%	7%	3%	9%	-	-	4%	4%	5%	0%	3%

**Title: I often drink more than I'd planned because my friends are drinking too**

	Those answering	Age groups			Ethnicity		Age range						Involvement in Guiding	
		Primary	Secondary	Post 16	White	Other	7-8	9-10	11-13	14-16	16-18	19-21	Now / past	Never
Unweighted	<b>395</b>	0	0	395	329	61	0	0	0	0	193	202	194	201
Weighted	<b>400</b>	0	0	400	333	62	0	0	0	0	200	200	196	204
<i>Strongly agree</i>	<b>7%</b>	-	-	<b>7%</b>	<b>8%</b>	<b>2%</b>	-	-	-	-	<b>8%</b>	<b>6%</b>	<b>7%</b>	<b>7%</b>
<i>Agree</i>	<b>28%</b>	-	-	<b>28%</b>	<b>31%</b>	<b>8%</b>	-	-	-	-	<b>23%</b>	<b>33%</b>	<b>33%</b>	<b>23%</b>
<i>Neither</i>	<b>14%</b>	-	-	<b>14%</b>	<b>13%</b>	<b>20%</b>	-	-	-	-	<b>12%</b>	<b>16%</b>	<b>13%</b>	<b>14%</b>
<i>Disagree</i>	<b>28%</b>	-	-	<b>28%</b>	<b>28%</b>	<b>28%</b>	-	-	-	-	<b>28%</b>	<b>27%</b>	<b>28%</b>	<b>28%</b>
<i>Strongly disagree</i>	<b>21%</b>	-	-	<b>21%</b>	<b>18%</b>	<b>33%</b>	-	-	-	-	<b>24%</b>	<b>18%</b>	<b>17%</b>	<b>25%</b>
<i>Don't know</i>	<b>2%</b>	-	-	<b>2%</b>	<b>1%</b>	<b>10%</b>	-	-	-	-	<b>4%</b>	<b>0%</b>	<b>2%</b>	<b>2%</b>

Title: I often drink more than I'd planned because my friends are drinking too

	Those answering	Nations				Region				Type of area lived in		School Performance		SEG		16-21s		
		England	Wales	Scotland	Northern Ireland	North England	Midlands	London	South England	Urban / Suburban	Rural	Outstanding / Good	Satisfactory / Poor	ABC1	C2DE	Education	Working	NEETs
Unweighted	<b>395</b>	332	23	33	7	109	102	46	75	316	79	0	0	199	196	278	43	68
Weighted	<b>400</b>	336	23	33	7	110	104	47	76	320	80	0	0	201	199	282	43	69
Strongly agree	<b>7%</b>	7%	4%	9%	0%	10%	7%	0%	8%	8%	5%	-	-	8%	6%	5%	9%	16%
Agree	<b>28%</b>	28%	26%	24%	57%	37%	22%	15%	31%	26%	34%	-	-	31%	25%	28%	42%	22%
Neither	<b>14%</b>	16%	4%	6%	0%	12%	14%	24%	19%	13%	16%	-	-	12%	16%	13%	23%	13%
Disagree	<b>28%</b>	27%	30%	36%	29%	24%	35%	17%	25%	30%	20%	-	-	30%	26%	29%	14%	29%
Strongly disagree	<b>21%</b>	21%	26%	24%	14%	15%	22%	37%	16%	21%	20%	-	-	18%	24%	23%	12%	19%
Don't know	<b>2%</b>	2%	9%	0%	0%	1%	1%	7%	1%	2%	4%	-	-	2%	3%	3%	0%	0%

**Title: I worry about getting home safely after I've been out drinking with friends**

	Those answering	Age groups			Ethnicity		Age range						Involvement in Guiding	
		Primary	Secondary	Post 16	White	Other	7-8	9-10	11-13	14-16	16-18	19-21	Now / past	Never
Unweighted	<b>395</b>	0	0	395	329	61	0	0	0	0	193	202	194	201
Weighted	<b>400</b>	0	0	400	333	62	0	0	0	0	200	200	196	204
<i>Strongly agree</i>	<b>10%</b>	-	-	<b>10%</b>	<b>9%</b>	<b>10%</b>	-	-	-	-	<b>10%</b>	<b>9%</b>	<b>10%</b>	<b>9%</b>
<i>Agree</i>	<b>29%</b>	-	-	<b>29%</b>	<b>29%</b>	<b>26%</b>	-	-	-	-	<b>30%</b>	<b>27%</b>	<b>31%</b>	<b>26%</b>
<i>Neither</i>	<b>12%</b>	-	-	<b>12%</b>	<b>12%</b>	<b>15%</b>	-	-	-	-	<b>12%</b>	<b>12%</b>	<b>12%</b>	<b>12%</b>
<i>Disagree</i>	<b>32%</b>	-	-	<b>32%</b>	<b>33%</b>	<b>29%</b>	-	-	-	-	<b>26%</b>	<b>38%</b>	<b>30%</b>	<b>34%</b>
<i>Strongly disagree</i>	<b>15%</b>	-	-	<b>15%</b>	<b>14%</b>	<b>18%</b>	-	-	-	-	<b>17%</b>	<b>13%</b>	<b>13%</b>	<b>17%</b>
<i>Don't know</i>	<b>2%</b>	-	-	<b>2%</b>	<b>2%</b>	<b>2%</b>	-	-	-	-	<b>4%</b>	<b>0%</b>	<b>3%</b>	<b>2%</b>

Title: I worry about getting home safely after I've been out drinking with friends

	Those answering	Nations				Region				Type of area lived in		School Performance		SEG		16-21s		
		England	Wales	Scotland	Northern Ireland	North England	Midlands	London	South England	Urban / Suburban	Rural	Outstanding / Good	Satisfactory / Poor	ABC1	C2DE	Education	Working	NEETs
Unweighted	<b>395</b>	332	23	33	7	109	102	46	75	316	79	0	0	199	196	278	43	68
Weighted	<b>400</b>	336	23	33	7	110	104	47	76	320	80	0	0	201	199	282	43	69
Strongly agree	<b>10%</b>	10%	4%	15%	0%	13%	10%	9%	5%	10%	6%	-	-	7%	12%	8%	9%	15%
Agree	<b>29%</b>	30%	31%	18%	14%	31%	27%	37%	28%	29%	27%	-	-	30%	27%	31%	25%	22%
Neither	<b>12%</b>	13%	0%	18%	14%	10%	8%	17%	20%	14%	8%	-	-	12%	13%	14%	7%	9%
Disagree	<b>32%</b>	32%	39%	21%	57%	33%	37%	17%	34%	32%	33%	-	-	35%	30%	29%	37%	40%
Strongly disagree	<b>15%</b>	14%	22%	24%	14%	13%	15%	20%	9%	14%	20%	-	-	14%	16%	14%	21%	15%
Don't know	<b>2%</b>	2%	4%	3%	0%	0%	4%	0%	3%	1%	6%	-	-	2%	2%	3%	0%	0%

**Title: Which of these do you think are the main causes of stress among girls your age?**

	Those answering	Age groups			Ethnicity		Age range					Involvement in Guiding		
		Primary	Secondary	Post 16	White	Other	7-8	9-10	11-13	14-16	16-18	19-21	Now / past	Never
Unweighted	<b>743</b>	0	348	395	587	122	0	0	179	169	193	202	358	385
Weighted	<b>751</b>	0	351	400	593	124	0	0	191	160	200	200	357	394
<i>Exams / tests</i>	<b>77%</b>	-	<b>76%</b>	<b>78%</b>	<b>77%</b>	<b>79%</b>	-	-	<b>70%</b>	<b>82%</b>	<b>83%</b>	<b>73%</b>	<b>78%</b>	<b>76%</b>
<i>Relationships with the opposite sex</i>	<b>75%</b>	-	<b>68%</b>	<b>81%</b>	<b>79%</b>	<b>66%</b>	-	-	<b>61%</b>	<b>76%</b>	<b>80%</b>	<b>83%</b>	<b>77%</b>	<b>73%</b>
<i>Money</i>	<b>69%</b>	-	<b>60%</b>	<b>77%</b>	<b>71%</b>	<b>66%</b>	-	-	<b>54%</b>	<b>66%</b>	<b>71%</b>	<b>82%</b>	<b>70%</b>	<b>67%</b>
<i>Relationships with friends</i>	<b>64%</b>	-	<b>67%</b>	<b>62%</b>	<b>66%</b>	<b>63%</b>	-	-	<b>66%</b>	<b>68%</b>	<b>64%</b>	<b>60%</b>	<b>62%</b>	<b>66%</b>
<i>Pressure to look like a celebrity</i>	<b>55%</b>	-	<b>54%</b>	<b>55%</b>	<b>56%</b>	<b>55%</b>	-	-	<b>56%</b>	<b>51%</b>	<b>53%</b>	<b>57%</b>	<b>55%</b>	<b>54%</b>
<i>Parents nagging you</i>	<b>54%</b>	-	<b>64%</b>	<b>45%</b>	<b>55%</b>	<b>54%</b>	-	-	<b>61%</b>	<b>68%</b>	<b>50%</b>	<b>40%</b>	<b>54%</b>	<b>54%</b>
<i>Career / Employment prospects</i>	<b>51%</b>	-	<b>40%</b>	<b>60%</b>	<b>51%</b>	<b>54%</b>	-	-	<b>34%</b>	<b>48%</b>	<b>56%</b>	<b>64%</b>	<b>53%</b>	<b>48%</b>
<i>Pressure to own the latest gadgets and clothes</i>	<b>47%</b>	-	<b>51%</b>	<b>43%</b>	<b>46%</b>	<b>52%</b>	-	-	<b>53%</b>	<b>49%</b>	<b>44%</b>	<b>42%</b>	<b>46%</b>	<b>48%</b>
<i>Worries about parents financial situation</i>	<b>35%</b>	-	<b>38%</b>	<b>33%</b>	<b>34%</b>	<b>46%</b>	-	-	<b>39%</b>	<b>37%</b>	<b>33%</b>	<b>33%</b>	<b>38%</b>	<b>33%</b>
<i>Worries about parents splitting up</i>	<b>34%</b>	-	<b>44%</b>	<b>25%</b>	<b>33%</b>	<b>36%</b>	-	-	<b>55%</b>	<b>31%</b>	<b>25%</b>	<b>24%</b>	<b>33%</b>	<b>35%</b>
<i>Understanding your sexuality</i>	<b>24%</b>	-	<b>22%</b>	<b>25%</b>	<b>23%</b>	<b>26%</b>	-	-	<b>27%</b>	<b>15%</b>	<b>24%</b>	<b>25%</b>	<b>22%</b>	<b>24%</b>
<i>Something else</i>	<b>3%</b>	-	<b>3%</b>	<b>3%</b>	<b>3%</b>	<b>0%</b>	-	-	<b>4%</b>	<b>1%</b>	<b>4%</b>	<b>1%</b>	<b>3%</b>	<b>2%</b>
<i>Don't know</i>	<b>2%</b>	-	<b>3%</b>	<b>1%</b>	<b>2%</b>	<b>3%</b>	-	-	<b>5%</b>	<b>1%</b>	<b>2%</b>	<b>0%</b>	<b>2%</b>	<b>2%</b>

Title: Which of these do you think are the main causes of stress among girls your age?

	Those answering	Nations				Region					Type of area lived in		School Performance		SEG		16-21s		
		England	Wales	Scotland	Northern Ireland	North England	Midlands	London	South England	Urban / Suburban	Rural	Outstanding / Good	Satisfactory / Poor	ABC1	C2DE	Education	Working	NEETs	
Unweighted	<b>743</b>	591	49	75	28	203	165	66	157	571	172	271	56	199	196	278	43	68	
Weighted	<b>751</b>	623	40	57	31	189	193	70	172	581	170	261	67	201	199	282	43	69	
<i>Exams / tests</i>	<b>77%</b>	76%	76%	91%	74%	79%	75%	77%	73%	77%	77%	77%	72%	83%	73%	84%	68%	63%	
<i>Relationships with the opposite sex</i>	<b>75%</b>	75%	59%	81%	74%	75%	75%	72%	78%	76%	74%	66%	73%	84%	79%	82%	91%	71%	
<i>Money</i>	<b>69%</b>	69%	64%	68%	60%	71%	71%	71%	66%	69%	67%	58%	67%	79%	74%	75%	84%	79%	
<i>Relationships with friends</i>	<b>64%</b>	64%	62%	69%	71%	60%	67%	51%	70%	63%	70%	66%	69%	68%	56%	65%	72%	44%	
<i>Pressure to look like a celebrity</i>	<b>55%</b>	54%	47%	59%	68%	53%	53%	48%	57%	53%	58%	52%	52%	49%	61%	56%	70%	43%	
<i>Parents nagging you</i>	<b>54%</b>	54%	40%	61%	69%	54%	61%	39%	49%	54%	52%	64%	60%	46%	44%	43%	58%	47%	
<i>Career / Employment prospects</i>	<b>51%</b>	52%	37%	59%	38%	57%	52%	52%	45%	51%	51%	41%	38%	64%	57%	61%	75%	44%	
<i>Pressure to own the latest gadgets and clothes</i>	<b>47%</b>	46%	35%	54%	58%	44%	50%	44%	45%	46%	48%	50%	51%	41%	45%	40%	56%	45%	
<i>Worries about parents financial situation</i>	<b>35%</b>	37%	34%	26%	25%	38%	39%	44%	30%	35%	37%	40%	34%	30%	35%	34%	42%	22%	
<i>Worries about parents splitting up</i>	<b>34%</b>	34%	34%	26%	44%	32%	39%	37%	29%	34%	34%	46%	38%	24%	25%	23%	30%	28%	
<i>Understanding your sexuality</i>	<b>24%</b>	22%	20%	29%	36%	23%	20%	28%	21%	25%	19%	18%	29%	24%	26%	27%	26%	18%	
<i>Something else</i>	<b>3%</b>	3%	2%	2%	8%	1%	3%	2%	5%	2%	3%	2%	5%	4%	2%	3%	0%	4%	
<i>Don't know</i>	<b>2%</b>	2%	6%	1%	4%	3%	2%	2%	1%	2%	3%	3%	2%	1%	2%	1%	0%	3%	

**Title: How happy are you with the way you look?**

	Those answering	Age groups			Ethnicity		Age range						Involvement in Guiding	
		Primary	Secondary	Post 16	White	Other	7-8	9-10	11-13	14-16	16-18	19-21	Now / past	Never
Unweighted	<b>1133</b>	376	362	395	827	191	195	181	191	171	193	202	529	604
Weighted	<b>1137</b>	373	364	400	831	192	193	180	202	162	200	200	526	611
Very happy	<b>28%</b>	<b>55%</b>	<b>20%</b>	<b>11%</b>	<b>25%</b>	<b>34%</b>	<b>62%</b>	<b>46%</b>	<b>24%</b>	<b>15%</b>	<b>9%</b>	<b>14%</b>	<b>28%</b>	<b>29%</b>
Quite happy	<b>45%</b>	<b>35%</b>	<b>47%</b>	<b>53%</b>	<b>47%</b>	<b>43%</b>	<b>29%</b>	<b>41%</b>	<b>43%</b>	<b>52%</b>	<b>51%</b>	<b>54%</b>	<b>43%</b>	<b>47%</b>
Not very happy	<b>19%</b>	<b>6%</b>	<b>21%</b>	<b>27%</b>	<b>20%</b>	<b>17%</b>	<b>4%</b>	<b>9%</b>	<b>20%</b>	<b>24%</b>	<b>31%</b>	<b>24%</b>	<b>20%</b>	<b>17%</b>
Not at all happy	<b>7%</b>	<b>3%</b>	<b>9%</b>	<b>8%</b>	<b>7%</b>	<b>6%</b>	<b>3%</b>	<b>2%</b>	<b>10%</b>	<b>8%</b>	<b>9%</b>	<b>7%</b>	<b>7%</b>	<b>6%</b>
Don't know	<b>2%</b>	<b>2%</b>	<b>2%</b>	<b>1%</b>	<b>2%</b>	<b>1%</b>	<b>3%</b>	<b>1%</b>	<b>3%</b>	<b>1%</b>	<b>1%</b>	<b>1%</b>	<b>2%</b>	<b>1%</b>

Title: How happy are you with the way you look?

	Those answering	Nations				Region				Type of area lived in		School Performance		SEG		16-21s		
		England	Wales	Scotland	Northern Ireland	North England	Midlands	London	South England	Urban / Suburban	Rural	Outstanding / Good	Satisfactory / Poor	ABC1	C2DE	Education	Working	NEETs
Unweighted	<b>1133</b>	907	79	96	51	306	248	120	233	835	298	466	229	199	196	278	43	68
Weighted	<b>1137</b>	934	65	81	56	292	278	121	244	845	292	450	240	201	199	282	43	69
Very happy	<b>28%</b>	28%	25%	29%	42%	27%	26%	28%	30%	28%	28%	35%	41%	11%	12%	11%	14%	12%
Quite happy	<b>45%</b>	45%	48%	46%	47%	46%	42%	48%	44%	45%	46%	42%	39%	59%	46%	53%	51%	57%
Not very happy	<b>19%</b>	19%	19%	16%	8%	20%	22%	18%	14%	18%	19%	15%	13%	24%	31%	26%	32%	22%
Not at all happy	<b>7%</b>	7%	7%	7%	4%	4%	8%	7%	9%	7%	6%	6%	6%	6%	10%	9%	2%	9%
Don't know	<b>2%</b>	2%	1%	2%	0%	2%	1%	0%	3%	2%	1%	2%	2%	0%	2%	1%	0%	0%